

NHS HEALTH CHECKS: CLINICAL ELEMENTS

Barking and Dagenham

The NHS Health Check will help identify individuals who require additional clinical assessment and follow up. This course focuses on guidance on best practice clinical follow up and further assessment that may be triggered by the NHS Health Check risk assessment

The **so what next bit**, includes AF, blood pressure, cholesterol, CKD and familial hypercholesterolemia.

Vote for your top three topics on the day as each session will be tailored to the group's needs.

LEARNING OUTCOMES

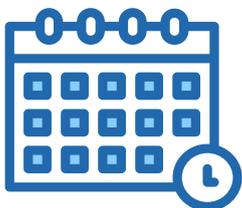
- State why NHS Health Checks are important
- Know the NHS Health Check filters
- State how an NHS Health Check should be conducted
- For the top three, choose topics from: AF, BP, Chol, CKD, and FH
 - Know who is most at risk
 - Know the signs & symptoms
 - Describe the pathophysiology, detection and diagnosis
 - Understand Initial management

Note: Diabetes is not included on this refresher

Everyone involved in the delivery of NHS Health Checks should complete the full day training, followed by refreshers annually.

WHO SHOULD ATTEND

- Practice Nurses
- Nurse Practitioners
- Health Care Assistants
- Care Coordinators
- GPs
- Social Prescribers
- Administration
- Practice Staff
- Pharmacists
- Allied Healthcare Professionals
- Health Trainers & Champions
- Healthy Lifestyle Professionals



Half Day
9.30am - 12.30pm
or 1-4pm



CPD 3 hours

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NHS HEALTH CHECK

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