

- **NHS HC Results Cards, Posters and Leaflet Orders:** [Health Information Leaflet Service \(norfolklivingwell.org.uk\)](http://norfolklivingwell.org.uk) or email marketing@norfolk.gov.uk for the NCCPH NHS HC toolkit (includes posters, display screen digital versions and leaflets) – Please do order all your resources and pop posters up in your practice or pharmacy.
- **Public facing NHS Health Check webpage:** [NHS health checks - Norfolk County Council](#)
- **Tier 2 Weight Management Services:** [Help with weight management - Norfolk County Council](#)
- **Ready to Change (support for healthy eating, weight, alcohol & smoking):** [Ready to Change - Norfolk County Council](#)
- **Behaviour Change & MECC Training for Practitioners:** [Support for professionals and stakeholders - Norfolk County Council](#)
- **Adult's Health Support Services (dementia, mental health, substance misuse...):** [Adults' health - Norfolk County Council](#)
- **Adult Learning:** [Adult learning - Norfolk County Council](#)
- **Norfolk Directory (search for services):** [Norfolk Community Directory - Norfolk County Council](#)
- **National NHS HC Guidance & Learning Hub:** [NHS Health Check – Home](#)
- **E-lfh NHS HC Training Videos:** [NHSE elfh Hub \(e-lfh.org.uk\)](http://e-lfh.org.uk)
- **Local NHS HC Training:** [Norfolk | Smart Health Solutions](#)
- **Commissioner Email:** Suzanne.wilkin@norfolk.gov.uk or phcontracts@norfolk.gov.uk

