

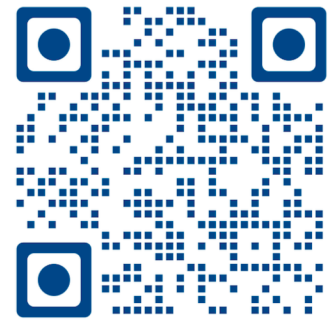
SHARE THE PRESSURE

What is it?

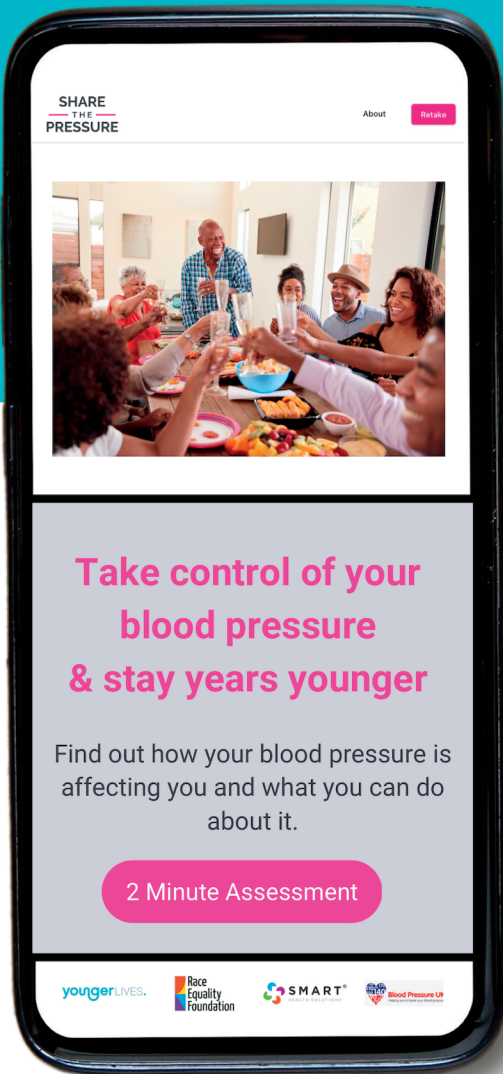
Share The Pressure has been developed to raise awareness of raised blood pressure in Black African and Caribbean people, to encourage and support them to seek help for raised blood pressure and to promote shared decision making with healthcare professionals in managing raised blood pressure together.

How can it help my patients?

Patients can go to the Share The Pressure website to take a special assessment that will calculate their 'heart age' and produce a personalised report containing recommendations and advice. This helps inform and prepare them for their consultations, whether in person or remotely, and for shared decision making around managing their blood pressure.



sharethepressure.com



How can it help me?

As well as benefitting your patients Share the Pressure provides a wealth of educational resources to support healthcare professionals in the management of blood pressure. A variety of live and on-demand webinars and podcasts, delivered by award winning trainers are available at www.smarthealthsolutions.co.uk/resources-for-healthcare-professionals

